



**Bethesda Soccer Club Summer 2010 - Experience Option #1 - \$2,350 per person**

**Payment 1: \$1,175 due 4/1/2010 Payment 2: \$1,175 due 6/1/2010**

**Pre Camp Training**

- Team will train a few times a week in June & July 2010 at Georgetown Prep

**Team & Family Dinner**

- Team Send-off Dinner at Georgetown Prep (Catered) Wednesday July 28, 6:00pm

**Depart**

- Baltimore Washington International Airport: 12:50pm on 7/29/2010 **Arrive** Amsterdam International Airport 6:00am 7/30/2010 (Nonstop)

**Day 1**

- Boat trip tour through Amsterdam
- Train from Amsterdam Maastricht
- Check-in to StayOkay hostile in Maastricht [www.stayokay.com](http://www.stayokay.com)
- Team dinner in Maastricht at
- Lights out - 9:00pm

**Day 2**

- 8:00am Wakeup
- 8:15am Team Breakfast
- 9:00am Training Camp Morning Session
- 11:00am Supervised Free Time
- 12:00pm Team Lunch
- 1:00pm Guided Tour of Maastricht
- 4:00pm Friendly Game v Roda JC Kerkrade
- 7:00pm Team dinner with Roda JC Kerkrade
- 8:30pm Supervised Free Time
- 10:00pm Lights Out

**Day 3**

- 7:30am Wakeup
- 8:00am Team Breakfast
- 8:45am Training Camp
- 10:30am Supervised Free Time
- 12:00pm Team Lunch
- 1:30pm Team Training w. Coerver Coaches
- 3:00pm Break/Rest
- 5:00pm Friendly Game v MVV Maastricht
- 7:30pm Team Dinner with MVV Maastricht
- 9:00pm Supervised Free Time
- 10:00pm Lights Out

#### **Day 4**

- 8:00am Wakeup
- 8:15am Team Breakfast
- 10:30am Training Camp
- 12:00pm Team Lunch
- 1:30pm Afternoon Training
- 4:00pm Friendly Game v VVV Venlo
- 6:00pm Team Dinner with VVV Venlo
- 7:30pm See a performance in Maastricht
- 10:00pm Lights Out

#### **Day 5**

- 8:00am Wakeup
- 8:15am Team Breakfast
- 9:00am Bus Trip to Roermond
- 12:00pm Guided Tour of Roermond
- 1:00pm Training with MARK HUIS IN T 'VELD – Coerver
- 4:00pm Friendly Game
- 6:00pm Team Dinner in Roermond
- 7:00pm Bus Trip back to Maastricht
- 9:30pm Lights Out

#### **Day 6**

- 8:00am Wakeup
- 8:15am Team Breakfast
- 9:00am Training Camp
- 11:00am Supervised Free Time
- 12:30pm Team Lunch
- 1:30pm Team Building Activity in Maastricht
- 6:00pm Friendly Game v Fortuna Sittard (under the lights)
- 8:00pm Team Dinner with Fortuna Sittard
- 10:00pm Lights Out

#### **Day 7**

- 7:30am Wakeup
- 7:45am Team Breakfast
- 8:30am Bus Trip to Amsterdam
- 8:00am Flight - Arriving at Baltimore Washington International around 3:30pm Thursday August 6

\*Note that all of the above activities are included in the price. Players should plan to bring spending money for snacks, extra drinks, souvenirs, and any social activities such as movies, etc...